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Eye on 65 is your resource for the latest thinking, trends and people shaping the future of retiree healthcare benefits.



A no-brainer

Kicking off season 2 of the Eye on 65 podcast, retiree David Sauter offers insight into his transition to an individual marketplace as an early retiree, experiences with annual enrollment, adapting to change in retirement and how Via Benefits has helped take the worry out of healthcare for him.

[Listen to the latest episode >](#)



NCPERS features Via Benefits article on HELPS

Via Benefits Retiree Healthcare Strategist [Eric Stanger](#) breaks down improvements to the Healthcare Enhancement for Local Public Safety (HELPS) Retirees Act and how public safety retirees can take better advantage of the pre-tax distributions that they earned as public safety officers.

[Read the article >](#)



Elevating your retiree healthcare offering

Learn about a new hybrid solution that combines the value of group and individual plans while avoiding retiree disruption in a recent presentation co-presented by [Jon Andrews](#) and Humana during the IFEBP Health Benefits Conference & Expo.

[Request the deck >](#)



Prioritize your wellbeing

National Self-Check Month encourages individuals to engage in regular self-checks and screenings to empower them to be proactive about their wellbeing.

[Self-check tips >](#)



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